



THE  
earth  
SPA



We, at **The Earth Spa** continue to follow our eco-friendly philosophy to give you a mesmerizing experience with our indulging treatments.

All products that we use are natural, organic and skin friendly. Most of the scrubs are freshly curated at the spa, according to different body types and requirements.

The Earth Spa under the guidance of nature assures a beautiful you inside out.



## FULL BODY TREATMENT

Duration (mins)

Price (₹)

### DEEP TISSUE THERAPY

60

3300

Deep tissue massage targets chronic tension in muscles that lie far below the body's surface. Deep muscle techniques involve slow strokes, direct pressure or friction movements that go across the muscle grain.

90

4500



### SWEDISH THERAPY

60

2800

It is performed to energize the body and improve overall health. This type of massage involves actions like percussion, kneading, vibration, tapping and rolling. Massage oil or lotion is used to protect the skin from friction.

90

3500



### AROMA THERAPY

60

2800

Aromatherapy massage is best suited for relaxation, pain management, and improved mood. Our in house essential oils enhance the benefits.

90

3500



### BALINESE THERAPY

60

3500

Balinese massage uses a variety of techniques including skin rolling, kneading and stroking, and pressure-point stimulation, combined with the aromas of essential oils.

90

4500

### CANDLE LIGHT COUPLE MASSAGE

90

7500

This impossibly romantic experience is so luxurious and rejuvenating that it will surely deepen your love even further!

120

10500

### HOT STONE THERAPY

75

4000

During a hot stone massage, smooth, flat, heated stones are placed on specific parts of your body. The stones are usually made of basalt, a type of volcanic rock that retains heat. It's used to help you relax and ease tense muscles and damaged soft tissues throughout your body.

90

5000

## SHORT TREATMENT

Duration (mins)

Price (₹)

### FOOT MASSAGE

30

1600

45

2100

### HEAD MASSAGE

30

1600

45

2200

### BACK MASSAGE

30

1600

45

2200

## FACIAL TREATMENT

Duration (mins)

Price (₹)

### ANTI AGEING FACIAL

60

2000

### ANCE & BRIGHT FACIAL

75

2500

### DE-TAN CLEANUP

30

2000

### AROMA BRIGHT CLEAN-UP

30

2500





<b>BODY SCRUB / WRAP</b>	<b>Duration (mins)</b>	<b>Price (₹)</b>
<b>CHICKPEA FLOUR &amp; TURMERIC BODY WRAP</b> Natural home-grown ingredients are used for this organic scrub	30	2000
<b>PAPAYA BODY WRAP</b> It nourishes and hydrates the skin, improving the texture	30	2000
<b>COFFEE &amp; OTAS CINNAMON BODY SCRUB</b> Removes dead cells and helps smoothen the skin.	30	1800
<b>ORANGE PEEL BODY SCRUB</b> Helps brighten the skin tone by removes the dead skin cells	30	1800

  

<b>KIDS THERAPY</b>	<b>Duration (mins)</b>	<b>Price (₹)</b>
<b>CINDERELLA THERAPY</b>	30	1800
<b>SIMBA THERAPY</b>	30	1800

  

<b>BATH RITUALS</b>	<b>Duration (mins)</b>	<b>Price (₹)</b>
<b>ROSE &amp; ASHWAGANDHA TUB BATH</b>	30	1200
<b>AROMA FLOWER TUB BATH</b>	30	1000
<b>MILK &amp; HONEY TUB BATH</b>	30	1600





BEAUTY TREATMENT	Duration (mins)	Price (₹)
PEDICURE	40	1200
MANICURE	40	1200
HAIR WASH/ BLOW DRY (FEMALE)	30	650

WAXING	Duration (mins)	Price (₹)
HALF LEG	30	550
FULL LEG	45	650
HALF HAND	45	350
FULL HAND	60	500

Package	Duration (mins)	Price (₹)
<b>THE EARTH SPA SIGNATURE PACKAGE</b> (60 minutes any kind of massage therapy + 30 mins body Scrub+ 30 mins Tub bath ritual)	120	5000





# TERMS AND CONDITIONS

## SPA WORKING HOURS

Daily 9:00am to 9:00 pm

## SPA RESERVATIONS

For spa enquiries or reservations, please dial 501 from your hotel room or contact the spa reception on Tel +91 7030 915 009. Advance bookings are recommended to secure your preferred treatment time.

## PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved. We recommend booking the steam and experience shower, prior to any treatment. This will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment.

## ARRIVAL

Please arrive 30 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment.

## CONSULTATION

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

## LATE ARRIVALS

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

## CANCELLATIONS

Please allow five hours' notice on individual treatments and 24 hours' notice on spa packages; otherwise, 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.

## DURING YOUR STAY

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Earth Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

## AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage, body treatment or depilatory waxing for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

## PAYMENT

For hotel guests, all treatments will be charged to your guest room folio and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

## CHILDREN

We love children and would encourage them to enjoy our Children's spa.

## MEMBERSHIP BENEFITS

Spa members can redeem their complimentary spa benefits between Monday to Thursday only.



Grape County

FOR APPOINTMENTS

Ext. No. **501** Mob. No. **+91 9226089224**

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